Terms of Nutrition Counseling and Informed Consent

I understand that I am employing the counseling services of Evelyn DeDominicis, MS at Evelyn D., LLC so that I can obtain information and guidance about health factors within my own control (diet, nutrition, and related behaviors) in order to nourish and support my overall health and wellness. I understand the purpose of nutrition counseling and the benefits and risks, if any, associated with counseling and changing my diet and lifestyle.

I understand that results are not guaranteed. I understand that Evelyn DeDominicis is a Nutritionist and does not dispense medical advice nor prescribe treatment. Rather, she provides education to enhance my knowledge of health as it relates to food, dietary supplements, and behaviors associated with eating and health. I understand nutrition counseling is not intended for the diagnosis of any disease and is not a substitute for medical diagnosis, treatment, and/or care of a disease by a medical provider.

I understand that Evelyn DeDominicis will keep appointment notes as a record of our sessions. These notes will document the topics discussed, interventions/plan, goals, and progress. Records will be kept securely. All health history, personal information and medical records shared with Evelyn DeDominicis will be kept strictly confidential unless I have signed an authorization for release or where disclosure is required by law.

I agree to hold Evelyn DeDominicis and Evelyn D., LLC harmless for claims or damages in connection with our work together including those associated with any content, materials, products or programs provided. This is a contract between myself, Evelyn DeDominicis and Evelyn D., LLC, and I understand that it is also a release of potential liability.

I understand that Evelyn DeDominicis has a 24-hour appointment cancellation policy and I am aware that I will be charged for the full cost of an appointment if proper notice is not given. There are no refunds permitted for online programs, products and packages. Should Evelyn DeDominicis ever have to cancel an appointment within 24 hours of the appointment, you will be given the option of rescheduling at our mutual convenience.

Upon scheduling or purchasing products, packages or services, I give permission for my email to be added to the Evelyn D., LLC free email newsletter list. I understand I can opt-out of this free service by way of unsubscribing at anytime.

I certify that all information contained in this form is correct and do not hold Evelyn DeDominicis or Evelyn D., LLC responsible for any missing, incomplete, or incorrect information. By completing any transaction with Evelyn DeDominicis and at Evelyn D., LLC I agree to the terms of nutrition counseling stated herein.